

## CE Project Action Plan Template



**Andi Bailey**

**HIV Prevention**

### **Intervention summary statement**

*There will be a focus on the prevention of HIV as well as how individuals can be educated to raise awareness and protect their health. This topic will be aligned with the Ryan White HIV/AIDS Program which has established a federal program that provides care and treatment services for HIV to low-income individuals. The program's mission is to improve the health outcome for individuals, reduce HIV transmission, and practice prevention in order to end the HIV epidemic in the United States. In the state of Texas, the city of Dallas has a department specifically for the Ryan White HIV/AIDS Program in order to reach the city's residents and surrounding populations as well. Receiving proper education about these types of diseases is crucial in order to practice prevention and decrease transmission. Prevention is the first step, however, there are more steps needed in order to help those who are living with HIV or AIDS. One of the main goals is to be able to provide the help they need in order to live a long full life.*

### **Community analysis**

This intervention plan correlates to the community within the state of Texas specifically the city of Dallas. The city of Dallas has a department specifically for the Ryan White HIV/AIDS Program in order to reach the city's residents and surrounding populations as well. This program is established at the federal level so the city of Dallas has incorporated the program in order to implement it throughout the city. The Health Resources and Services Administration (HRSA) and the Texas Department of State Health Services (DSHS) fund the Dallas County's through federal and state grants. These grants are used to help provide care and treatment for individuals who are living with HIV.

### **Problem analysis**

*The problem this intervention relates to is the large scale of populations that HIV has affected. Millions of individuals are currently living with HIV and millions have also died from HIV. With the nature of this disease not being curable. Individuals who are living with HIV will continue to live with it for the rest of their lives.*

This can cause concern for those who are living with HIV or at risk for HIV infection that they do not have access to prevention, treatment, and support care. Individuals with HIV can still live a long full life with the proper knowledge of the disease and access to the care. It's crucial to be able to provide everyone especially those who are of vulnerable populations to have access to care. To have perspective of the population of those living with HIV, according to the Texas Department of State Health Services, in the state of Texas over 94,000 individuals are living with a diagnosed HIV infection. This gives perspective of the number of individuals with HIV by a state scale. It's important to work towards putting an end to the HIV epidemic.

## **Stakeholder analysis**

A few major stakeholders that relate to the problem being addressed are representatives of the federal agencies of HRSA and DSHS, representative from the Dallas County, individuals who are living with HIV infection, and individuals who are not living with HIV infection.

Representatives from the federal agencies are important because the Ryan White HIV/AIDS Program was passed on a federal level so these agencies are responsible for the funding to the individuals who are receiving help through medical care, medicine, and support services. I also included a representative that works in the department within the Dallas County this will be the connection that an individual who is seeking help needs in order to be apart of the program. Individuals who are living with HIV is a major stakeholder because it's important they are knowledgeable on how to live with HIV so they are able to live a full long life. Lastly, individuals who are not living HIV infection are also a major stakeholder because everyone should receive education on what HIV is and how it can be prevented in order to decrease the number of new HIV cases.

## **Determinant Analysis**

Regarding the topic of HIV prevention, there are various determinants and factors that directly affect individuals' risk and vulnerability to developing the virus. Some of these structural factors that are important in relation to HIV include economic, political, social, and environmental factors. These types of factors are amenable to change based on addressing them for change and how the individual is exposed. By addressing these factors that can shape an individual's behaviour can indeed reduce risk, these can include an individual's socioeconomic status, age, policy, gender, and/or power. By having knowledge and being able to bring awareness to individuals about these determinants can aid in seeking change at the underlying level of an individual's life which can make a significant impact.

## **Mandates for action**

Researching existing mandates for action, under the Affordable Care Act, most new health insurance plans must cover certain preventive services which include HIV testing for everyone. Under this act it also helps aid individuals with better access to health care coverage which would help individuals who are currently living with HIV/AIDS. In the creation of the Ryan White HIV/AIDS Program, it provides medications, treatments, and support services for individuals who are eligible. Individuals are eligible if they meet the criteria of being diagnosed with HIV/AIDS, who are considered low-income, and who do not have health insurance, or the health insurance does not cover what the individual needs.

## **Existing capacity for action**

Even though, there are many great resources for individuals to access care and support for HIV/AIDS. There are still rising cases of the virus, a couple existing gaps that are present are education the youth population and spreading the word of organizations or programs that do provide services to individuals diagnosed with HIV/AIDS. By collaborating with colleges and universities this will help reach more of the youth population so they can learn about positive sexual wellness and how they can protect themselves. By hosting more outreach events and collaborating with local clinics and organizations this will help spread awareness to individuals who are at risk or currently living with the virus.

## **Project partners and governance**

I plan to do further research into HIV prevention and to work towards connecting with the Ryan White HIV/AIDS Program members to seek more information. I believe it will be very beneficial to my topic to talk to a member who works for the program in the Dallas County to learn about what they do for the program as well as what the program is specifically doing for the community. This will bring insight into the strengths of the program, to learn about what has been making significant impacts to the community. This will also bring insight into any additional gaps that could be working towards being filled in order to make an even more significant impact for the surrounding communities.

## **Goal & Objectives**

I will work throughout this semester to dive deeper into my topic by completing various assignments which include the literature review, community asset map, photovoice, stakeholder interviews, and cumulative experience white paper. Each of these assignments will give me the opportunity to learn more about HIV prevention and how we as a community can continue and reach the end of HIV epidemic. I will work on obtaining trusted sources to support my findings and complete an annotated bibliography to share the different sources I utilized to convey the importance of HIV prevention.